

Holy Cross College (Autonomous) Tiruchirappalli-2
RESCAPES - Program 2020-2021
Program on **HOW TO PROTECT OURSELF**

Date: 7th September 2020

Venue: Thirupanjalee



Covid-19 count increasing rapidly all over, to reinforce the knowledge of the rural community people, our college extension department in collaboration with Thirupanjalee Panchayat and CHAT Organization, conducted consciousness program at Thirupajalee village. 140 village people participated. Mr. Francis from CHAT organization explained the village people about the need of how to protect ourself. He explained the importance of kabasura kudineer, and the benefits of wearing mask. And also explained the needs of nutritional food and greens to strengthen the health. And then Mr.P.Karthik, Coordinator, RESCAPES distributed kabasura kudineer to the village people, and Mr. Francis provided mask to the people.

Mr. Francis from CHAT organization explains how to wear mask to the villager people and Mr. Karthik distributed mask

